

# February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
		Whole Grain Croissant w/Fruit,Water/Milk Jamican Beef Patty w/ Brown Rice w/ Stewed Kidney Beans Fruit Yogurt, Fruit, Water	Whole Grain Waffles w/ Fruit,Water/Milk Chili Mango Chicken w/Brown Rice w/Corn Fruit Gold Fish, Fruit, Milk/Water	Whole Grain Bagel w/Fruit,Water/Milk Whole Grain Cheese Pizza w/ Green Beans w/ Red Peppers Fruit Terra Vegetable Chips, Fruit, Milk/Water
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Whole Grain Cereal w/ Fruit, Water/Milk Stuffed Shells w/ Marinara & Parm w/Broccoli Fruit Mozzarella Cheese Sticks, Fruit, Water	Blueberry Muffin w/ Fruit, Water/Milk Teriyaki Chicken w/Brown Rice w/Edamame & Corn Fruit Sweet Potato, Fruit, Milk/Water	Whole Grain Croissant w/Fruit,Water/Milk 3 Cheese Mac & Cheese w/Green Beans Fruit Animal Cracker , Fruit, Milk/Water	Whole Grain Waffles w/ Fruit,Water/Milk Cheeseburger w/Wheat Bun w/Tater Tots Fruit Pancake, Fruit, Milk/Water	Whole Grain Bagel w/Fruit,Water/Milk Whole Grain Hawaiian Pizza (Turkey-Ham) w/ Carrots Fruit Yogurt, Fruit, Water
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Whole Grain Cereal w/ Fruit, Water/Milk Beef Pastelon (Latin Lasagna) w/Plantains & Cheddar Cheese w/ WG Combread Fruit Terra Vegetable Chips, Fruit, Milk/Water	Blueberry Muffin w/ Fruit, Water/Milk Crispy Chicken n' Waffles w/Whole Grain Waffles w/ Sweet Potato Hash Fruit Pancake, Fruit, Milk/Water	Whole Grain Croissant w/Fruit,Water/Milk Whole Grain Pasta w/Red Sauce w/Meatballs (Chicken& Beef) w Green Beans Fruit Yogurt, Fruit, Water	Whole Grain Waffles w/ Fruit,Water/Milk Pulled BBQ Chicken w/Whole Wheat Bun w/Baked Beans Fruit Gold Fish, Fruit, Milk/Water	Whole Grain Bagel w/Fruit,Water/Milk Whole Grain Cheese Pizza Sticks w/Broccoli Fruit Saltine Crackers, Fruit, Milk/Water
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Presidents' Day</b>	Blueberry Muffin w/ Fruit, Water/Milk Chicken Parmesan Sandwich w/Whole Wheat Bun w/Carrots Fruit Yogurt, Fruit, Water	Whole Grain Croissant w/Fruit,Water/Milk Chicken Tacos w/Whole Grain Tortilla Wrap w/Black Beans & Corn Fruit Animal Cracker , Fruit, Milk/Water	Whole Grain Waffles w/ Fruit,Water/Milk Whole Grain Chicken Nuggets w/Green Beans w/Ketchup Fruit Pancake, Fruit, Milk/Water	Whole Grain Bagel w/Fruit,Water/Milk Whole Grain Cheese Pizza w/Broccoli Fruit Mozzarella Cheese Sticks, Fruit, Water
<b>27</b>	<b>28</b>			
Whole Grain Cereal w/ Fruit, Water/Milk Whole Grain Chicken Nuggets w/Brown Rice w/Carrots & BBQ Dipping Sauce Fruit Saltine Crackers, Fruit, Milk/Water	Blueberry Muffin w/ Fruit, Water/Milk Chicken Alfredo w/ Whole Grain Pasta w/Broccoli Fruit Sweet Potato, Fruit, Milk/Water			

I \_\_\_\_\_ agree to serve ALL above food to my child/children \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

- Notes:**
- Breakfast
  - Lunch
  - Snack