

May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Whole Grain Cereal w/ Fruit, Water/Milk	Blueberry Muffin w/ Fruit, Water/Milk	Whole Grain Croissant w/Fruit,Water/Milk	Whole Grain Waffles w/ Fruit,Water/Milk	Whole Grain Bagel w/Fruit,Water/Milk
Breaded Chicken Sandwich, Mayo WW Burger Bun, w/ Zesty Corn Salad over Greens, Dressing Honey Dew Melon	Salisbury Steak with Gravy, w/Roasted Potatoes, Carrots WW Dinner Roll Orange	Pancakes, Sausage Links, w/ Tater Tots, Syrup w/ Whole Wheat Bread Slice Apple	Chicken Nuggets w/ Sour Dipping Sauce w/ Mixed Vegetables, WW Dinner Roll Mandarins	Cheese Ravioli and meatballs with marinara w/ Cali Gold Vegetables WW Dinner Roll, Butter Chilled Pears
Sweet Potato, Fruit, Milk/Water	Gold Fish, Fruit, Milk/Water	Yogurt, Fruit, Water	Animal Cracker, Fruit, Milk/Water	Terra Vegetable Chips, Fruit, Milk/Water
8	9	10	11	12
Whole Grain Cereal w/ Fruit, Water/Milk	Blueberry Muffin w/ Fruit, Water/Milk	Whole Grain Croissant w/Fruit,Water/Milk	Whole Grain Waffles w/ Fruit,Water/Milk	Whole Grain Bagel w/Fruit,Water/Milk
Barbequed Chicken Sandwich w/ Green Beans WW Dinner Roll Cantaloupe	Meat Lasagna w/ Tossed Salad, Dressing w/ Whole Wheat Bread Slice w/Butter Chilled Peaches	Mac & Cheese w/ Popcorn Chicken WW Roll and Garden Veg Honey Dew	Cheeseburger, Cheese, w/ Whole Wheat Burger Bun w/ Peas & Carrots Orange	Cheese Pasta Roll up w/ Meatballs & Tomato Sauce WW Roll with Green beans Apples
Mozzarella Cheese Sticks, Fruit, Water	Sweet Potato, Fruit, Milk/Water	Pancake, Fruit, Milk/Water	Yogurt, Fruit, Water	Saltine Crackers, Fruit, Milk/Water
15	16	17	18	19
Whole Grain Cereal w/ Fruit, Water/Milk	Blueberry Muffin w/ Fruit, Water/Milk	Whole Grain Croissant w/Fruit,Water/Milk	Whole Grain Waffles w/ Fruit,Water/Milk	Whole Grain Bagel w/Fruit,Water/Milk
Grilled Chicken w/Cream Sauce w/ Mashed Potatoes, Green Beans w/ Whole Grain Bread Slice w/Butter Chilled Mandarins	Meat Lasagna w/ Caesar Salad Dressing w/ Whole Wheat Dinner Roll w/Butter Cantaloupe	Apple Pancakes, w/ Sausage Links, Syrup, Tater Tots w/ Whole Wheat Bread Slice, Slice,, Chilled Peaches	Meatball Subs with Shredded Mozzarella w/ Whole Wheat Sub Roll w/ Carrots WW Honeydew	Roast Turkey with Gravy, w/ Sweet Potatoes and Mixed Vegetables WW Dinner Roll Orange
Animal Cracker, Fruit, Milk/Water	Terra Vegetable Chips, Fruit, Milk/Water	Yogurt, Fruit, Water	Gold Fish, Fruit, Milk/Water	Pancake, Fruit, Milk/Water
22	23	24	25	26
Whole Grain Cereal w/ Fruit, Water/Milk	Blueberry Muffin w/ Fruit, Water/Milk	Whole Grain Croissant w/Fruit,Water/Milk	Whole Grain Waffles w/ Fruit,Water/Milk	Whole Grain Bagel w/Fruit,Water/Milk
Chicken Parmesan w/ Whole Wheat Pasta Salad w/ Dressing Apple	Breaded Chicken Tenders w/ BBQ Dipping Sauce w/ Carrot s and WW Dinner Roll Fruit	Whole Grain Penne Pasta w/ Meat Sauce w/ Italian Green Beans Chilled Pears	Cheeseburger, Cheese, w/ Whole Wheat Bun, Ketchup, w/ Mixed Vegetables Cantaloupe	Mac & Cheese w/ Popcorn Chicken Green beans WW Roll Chilled Peaches
Sweet Potato, Fruit, Milk/Water	Yogurt, Fruit, Water	Pancake, Fruit, Milk/Water	Saltine Crackers, Fruit, Milk/Water	Mozzarella Cheese Sticks, Fruit, Water
29	30	31		
Memorial Day	Blueberry Muffin w/ Fruit, Water/Milk	Whole Grain Croissant w/Fruit,Water/Milk		
	Salisbury Steak with Gravy, w/Roasted Potatoes, Carrots WW Dinner Roll Orange	Pancakes, Sausage Links, w/ Tater Tots, Syrup w/ Whole Wheat Bread Slice Apple		
	Gold Fish, Fruit, Milk/Water	Yogurt, Fruit, Water		
I _____ agree to serve ALL above food to my child/children _____ Signature: _____ Date: _____				Notes: <div style="background-color: #ffff00; padding: 2px;">Breakfast</div> <div style="background-color: #00838f; color: white; padding: 2px;">Lunch</div> <div style="background-color: #c0c0c0; padding: 2px;">Snack</div>